

## **ANESTHESIA BY GRACE**

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### **INSTRUCTIONS FOR PEDIATRIC SEDATION**

In order to provide the best dental and emotional care for your child, a technique involving one or more sedative drugs will be used. Thus, we ask that you comply with the following:

1. Your child should not eat solid foods for six (6) hours before the Appointment time. Clear liquids such as water, non-pulpy fruit juice, or soda may be taken until 2 ½ hours prior to the appointment time.
2. If your child becomes ill with a cold, flu, sore throat, or fever, please inform us immediately. It may be necessary to reschedule your appointment.
3. Your child must be accompanied by at least one, preferably two, responsible adults for the anesthetic appointment.
4. Your child should wear comfortable, loose-fitting clothing with short sleeves to the appointment. Young children or those with appointments longer than 1 hour may benefit from wearing a diaper or pull up during the procedure to prevent urinary accidents. Bring a change of clothing with you.
5. Attend to bowel and urinary needs prior to the appointment.
6. If preoperative medication has been prescribed, take it as directed.
7. Weigh your child, if possible, before the appointment.
8. Plan to arrive 15 minutes prior to the appointment.
9. After anesthesia, your child should be under adult supervision for 12 hours and not be allowed to:
  - a) Travel unrestrained in a vehicle (use seatbelt or car-seat).
  - b) Play near streets, stairways or other areas where injury could occur.
10. Your child may remain sleepy for a time after the appointment. This is common as the drugs are wearing off. Your child may be irritable as this occurs.
11. As soon as he or she is able, encourage your child to drink plenty of room temperature liquids such as water, fruit juice, or carbonated beverages to help reduce occasional nausea or vomiting, and to prevent dehydration.
12. Should any unusual situation arise, inform your dentist or our office immediately.