

INSTRUCTIONS

The Instructions herein must be strictly adhered to before commencing with anesthesia. Neglecting any of the following may compel the doctor to cancel the start of treatment.

Eating & Drinking

Do not eat solid foods for six (6) hours before your scheduled appointment. Clear liquids (water, non-pulpy fruit juices, black coffee, soda) may be taken up to 2 ½ hours prior to the scheduled appointment time.

Clothing & Makeup

Short sleeves or no sleeves are desirable and it is suggested that pants be worn as well as comfortable flat shoes. Contact lenses must be removed before the anesthetic is administered. Leave all valuables at home.

Arriving

If you have been given a premedication, a responsible adult must drive you to the office. Arrive early.

Home

A responsible adult should be with the patient until the next day.
After returning home, the patient should rest for the first day and be carefully watched.

Drinking & Eating

This first drink should be plain water. Next, sweet drinks can be taken fruit juice or Gatorade). Small drinks should be taken repeatedly. Food may be taken when desired; it should be soft and not hot. No alcoholic beverages for 24 hours.

Seek Advice

The following information is important for all patients. If any of the below occurs, please seek advice:

- **If vomiting persists beyond four hours**
- **If the temperature remains elevated beyond 24 hours**
- **If any other matter causes concern**

Medications

Medications normally taken should be taken unless otherwise agreed upon by this office and may be taken only with a sip of water.

Change in Health

A change in your health, especially the development of a cold or fever, is very important. For your safety, you may be reappointed for another day. If possible, inform the office of any change in health prior to your appointment.

Getting Home

A responsible adult must accompany the Patient or arrangement must be made to contact a responsible adult at the time of discharge. Do not plan to drive a vehicle or operate potentially dangerous equipment for twenty-four (24) hours after your treatment

Pain

Depending upon the procedure performed, you may experience some pain or discomfort. Take your prescribed medication as directed to minimize or eliminate this problem.

Intravenous Site

A small percentage of all patients experience post operative tenderness and/or redness in their hand or arm which is a chemical phlebitis associated with intravenous infusion. If this occurs, please contact our office. To prevent phlebitis all patients should keep the arm that had the intravenous line elevated and apply warm water (100°F) moist heat as much as possible. If phlebitis does occur, the patient should take an anti-inflammatory agent.

DENTIST ANESTHESIOLOGIST



DR. LORENDA L. GRACE
D.D.S

Dr. Grace's undergraduate studies were completed at the University of Houston. She received her dental education from *Baylor College of Dentistry* and her postgraduate anesthesia residency at *Loma Linda University Medical Center (LLUMC)* and its affiliated hospitals.

Before matriculating at LLUMC, Dr. Grace practiced general dentistry in the DFW area and was an associate professor at *Baylor College of Dentistry, Texas A&M*. She is a Fellow of the American Dental Society of Anesthesia and Diplomate of the National Dental Board of Anesthesiology.

Membership in other professional organizations include:

- The American Society of Dental Association
- American Dental Association
- Christian Medical & Dental Society
- The Academy of General Dentistry



ANESTHESIA
BY GRACE

OFFICE HOURS
MONDAY - FRIDAY
9:00AM - 5:00PM

BY APPOINTMENT ONLY

To schedule an appointment
email us at:

info@anesthesiabygrace.com



ANESTHESIA
BY GRACE

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We see our patients by appointment only. An appointment is a contract of time reserved for your treatment. We respect our patient's valuable time and we request the same courtesy from our patients.

APPOINTMENTS

A minimum of forty-eight (48) hour notice is required if you will not be able to keep your appointment so that the time reserved for you may be made available for other patients.

A fee will be charged within 48hrs prior to appointment, including cancellation because diet restrictions were not followed.

You may schedule appointments for dental treatment with intravenous-sedation in your own dentist's office. Your dental office will contact us to provide the anesthetic service for your treatment.

FINANCIAL

Anesthesia services provided in the office of your dentist would be considerably less than the same services provided in a hospital. We must emphasize that, as a provider, my relationship is with you, not your insurance company. I will provide you with documents you will need to submit along with your dental treatment. To secure a date and time for your appointment, a 25%, nonrefundable deposit is required. Until the deposit is received, the appointment offered to you will be offered to others. In order to expedite your discharge from the office, payment in full is due one week prior to your appointment.



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ANESTHESIA BENEFITS

1. Patients who are **apprehensive about dental treatment**. When an apprehensive patient is calmed by the use of intravenous-sedation, he is more cooperative during treatment, and the risks inherent in any medical treatment diminish.
2. Patients **with a history of medical problems** (such as heart disease or high blood pressure). These patients tolerate treatment better because they are relaxed and less likely to experience an adverse reaction.
3. **Children** who often fear the dental treatment required to maintain their dental health. Sedation eliminates a child's fear and awareness of the entire procedure. This makes for a happier patient with a better attitude toward regular dental care.

4. Patients requiring **surgical procedures**. Any oral surgery (such as multiple tooth extractions, wisdom teeth extractions, implant surgery, or gum surgery) can be long, tedious and consequently, stressful procedures. Intravenous-sedation reduces stress associated with these procedures and may even produce some degree of amnesia.

5. Patients who require **prolonged (several hours) dental procedures**. Because these patients are unaware of the lapse of time, they do not become apprehensive and uncooperative during lengthy treatment. At the end of the procedure the patient does not feel exhausted and anxious.

8. Patients with **gagging problems**. The sedation depresses the gag reflex so that necessary work can be completed.

7. Patients with a **history of problems with local anesthesia**. Occasionally, dentists may experience difficulty in obtaining the kind of tooth numbness necessary to perform painless dental treatment. Intravenous-sedation can enhance the effectiveness of local anesthetics and thus eliminate this problem.

6. **Effective Time Management** is a benefit of intravenous-sedation. It enables the dentist to perform a maximum amount of treatment in a minimum amount of time. This allows both the patient and the dentist to manage their time more efficiently.

IF YOU HAVE ANY QUESTIONS REGARDING THE USE OF INTRAVENOUS-SEDATION, PLEASE CONTACT OUR OFFICE OR CONSULT WITH YOUR DENTIST.

WHAT IS INTRAVENOUS-SEDATION?

A great many patients who avoid dental care because of fear or apprehension may, through the use of various anesthetic techniques, undergo treatment in a relaxed, comfortable and safe state. We use intravenous-sedation, which is both easy to administer and pleasant to received. This technique, which has a rapid onset, diminishes fear and anxiety and produces a pleasant state of relaxation. It will enable you to undergo your dental treatment in a very calm and relaxed manner. Time will seem to pass more quickly and your recall of events will be reduced.

There are many other advantages of dental anesthesia. Anxiety toward dental treatment is the leading cause of medical emergencies in the dental office. Intravenous-sedation reduces the change of adverse reaction by significantly reducing or eliminating moderate to severe apprehension levels. Additionally, intravenous-sedation often enables the dentist to perform a variety of procedures that would ordinarily take several appointments during one sitting. Because intravenous-sedation minimizes apprehension, it permits your dentist to work ore efficiently and with more concentration.

The procedure is designed specifically for your comfort and safety during dental care. A fully trained and qualified dentist anesthesiologist administers the anesthetic, monitors vital functions and maintains patient comfort during the dental procedure. Although we make every effort to identify potentially reactive patients, the anesthesiologist is prepared to deal with any adverse reactions. Additionally, our patients enjoy the opportunity to be sedated in the familiar surroundings of their own dentist's office.

